



Hemp flower bud where CBD is extracted

What is CBD?

Cannabidiol, more commonly known as CBD, is a compound produced by the variety of the cannabis plant often referred to as hemp.

- CBD contains no THC (the psychoactive property that contributes to the feeling of being high)
- CBD is made by extracting the essential oils from the plant's flower clusters
- CBD is not the same thing as hemp oil, which is extracted from the seeds of the hemp plant

Our CBD Olive Oils

Our blend is made with our delicious Olive Oil. It has been blended with high quality and full spectrum CBD extract.

We will be offering the CBD blend in our Extra Virgin Olive Oil and varying infused flavors.

Selections and Flavors will vary and be available online at www.ziolive.com and all 3 of our in-store locations.

Disclaimer: Product has not been FDA approved.

This product contains trace amounts of THC less than 0.3%, compliant with the 2014 federal farm bill.

Contact Us

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Email: sales@ziolive.com

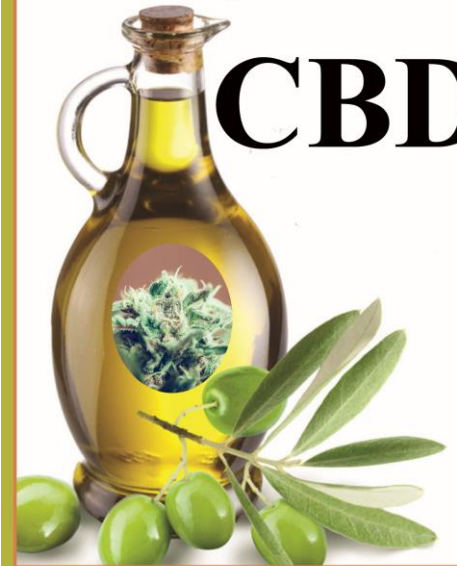
Web: www.ziolive.com

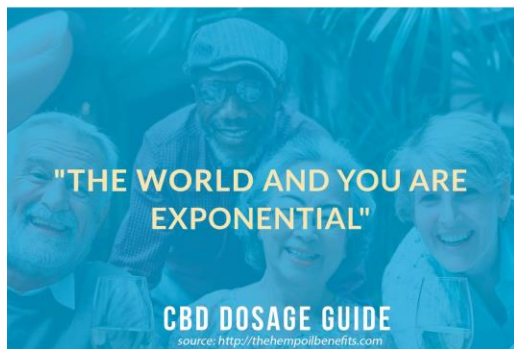


Gourmet Olive Oils and Balsamic Vinegars

**Introducing the Infusion of
Extra Virgin Olive Oil
with
Full Spectrum**

CBD





Condition Range	Size Person 31-60 lbs	Size Person 61-100 lbs	Size Person 100-176 lbs	Size Person 175-250 lbs
Mild 1	2mg-4mg +	4mg-6mg +	6mg-8mg +	8mg-10mg +
2	4mg-8mg +	6mg-12mg +	8mg-18mg +	12mg-20mg +
Medium 3	8mg-12mg +	12mg-24mg +	18mg-24mg +	22mg-30mg +
4	12mg-18mg +	18mg-24mg +	24mg-32mg +	32mg-40mg +
Severe 5	18mg-30mg +	24mg-40mg +	32mg-60mg +	42mg-60mg +

CBD Dosage Guide

How much CBD is right for you?

Know what the right amount is for you...

CBD does not work universally the same for everyone. Be sure you are taking the right amount depending on your condition, the severity of the condition, and your body weight. We have already blended the CBD and Olive Oil for you to ensure the correct ratio with each dose.

CBD and Olive Oil

Combining CBD with Olive Oil is a great option for consumption. Not only does it help with giving it a good flavor, combining CBD with olive oil may improve its effectiveness.

“CBD, like all cannabinoids, are lipophilic, meaning that they love fat. They are most easily and readily absorbed when paired with a fat such as olive oil.”

Emily Kyle, holistic cannabis practitioner and registered dietician

Get the most out of your CBD with Olive Oil

Olive Oil has many high-quality benefits of its own that really compliment the benefits of the CBD. It is heart healthy, filled with antioxidants, and contains healthy fatty acids that the fat-soluble CBD reacts well with.

How do you use your CBD Olive Oil?

You can use your CBD Olive Oil in any way that you would use regular olive oil. use on top of your salads paired with a

balsamic vinegar, dip fresh bread in it, or use it in any recipe. The possibilities are endless.

Health Benefits

While CBD and its effects work differently for different people, it is being used to treat symptoms of a wide variety of conditions. It may offer an option for those suffering from:

- Chronic Pain
- Insomnia
- Arthritis
- Anxiety/Depression
- Epilepsy/Seizures
- Acne
- Addiction
- High Blood Pressure
- And more!

It is believed that CBD can nourish the body's own endocannabinoid system, which is directly responsible for maintaining homeostasis, or a natural balance, in the body. CBD is thought to influence receptors in the brain, including opioid receptors that regulate pain and glycine receptors involved in the regulation of the "feel-good" hormone serotonin.